

VRQ Level 3 Diploma in Body and Spa Therapy *(SCQF Level 6)*

Full-time

Where will I study?

Course code	Location	Duration
DFQBM	Aberdeen City Campus	1 Year

Welcome from Director of Curriculum

As the current Director of Curriculum, I would like to welcome you to the School of Service Industries at North East Scotland College. The School of Service Industries includes Child, Health & Social Care, Hair, Beauty & Sport, Hospitality, Social Sciences and Learning Opportunities.

This broad range of subjects has one common theme – they each offer interesting and exciting opportunities for students to progress and achieve success in their future. We are very fortunate in that our excellent teaching facilities allow each and every student to experience industry-focused, high quality learning. This means that on completion of your course, you are confident and capable when it comes to entering the workplace, or progressing towards further study. We pride ourselves in offering educational opportunities for all, whether you are starting at introductory level or joining one of our more advanced courses. On behalf of the entire teaching team, we are delighted to have you join – or consider joining – one of our courses.

Joan Thorne, Director of Curriculum for Service Industries

Introduction to the course

This course is based on the National Occupational Standards and is a preparation for work qualification, which will ensure you develop the knowledge and skills required to work in the Body & Spa Therapy industry. The course is suitable for those who have successfully complete the VRQ Level 2 Diploma in Beauty Therapy or equivalent, and/or those who are already working in the industry but want to achieve a formal qualification.

Entry requirements

Applicants should have completed the VRQ Level 2 Diploma in Beauty Therapy or an equivalent course, and have a minimum of three National 5, Intermediate 2 or Standard Grade Credit level qualifications, or appropriate life/work experience.

Good communication skills, a willingness to learn new practical skills and working with the general public are essential qualities for this course. Essential skills will be developed throughout the programme.

What subjects will I be studying?

The subjects covered will allow you to develop the knowledge and skills required for going on to secure employment in the Body & Spa Therapy industry. These include:

- Working with Colleagues in the Beauty Related Industries
- Monitoring and Maintaining Health and Safety Practices in the Salon
- Client Care and Communication
- Promoting and Selling Products and Services in a Salon
- Provide Body Massage
- Monitoring and Maintaining a Spa Area
- Providing Spa Treatments
- Providing Facial Electrotherapy Treatments
- Providing Massage using Pre-Blended Aromatherapy Oils
- Providing Stone Therapy Massage
- Maintaining Personal Health and Wellbeing
- Commercial Experience

Assessment methods

On this course you will be formatively assessed throughout the year. You will be required to complete a number of case-studies for each of the practical units prior to sitting your final summative assessment. Your summative assessments for practical and theory units will be pre-arranged through discussion with teaching staff and will take the form of online, written or oral tests, and practical observations. They are graded pass, merit or distinction.

Dress code

You will be required to wear a designated uniform in all practical classes. Full details will be provided at pre-entry guidance sessions.

Equipment

You are required to purchase the designated kit, textbook and uniform.

Employment

Employment opportunities are available in spas, health clinics, beauty salons, cruise ships and hotels.

Useful information

Faculty:	Hair, Beauty and Sport
School:	School of Service Industries
Faculty Manager:	Lesley Ingram Email: l.ingram@nescol.ac.uk
Curriculum & Quality Manager(s):	Lindsey Hope Email: l.hope@nescol.ac.uk

Guidance

All full-time students will have a designated Course Tutor and a Guidance Tutor. Your Course Tutor will act as your main key point of contact for all matters relating to your course and progress. Your Guidance Tutor will monitor your attendance, as well as deal with any personal matters you may want to discuss.

Guidance Tutors work closely with Course Tutors and other lecturing teams to ensure you have access to any support you need to ensure you successfully complete your course. There are various issues that may affect your learning whilst at College, so please talk to someone if you encounter any problems at all.

[Find out more about Guidance at NESCol](#)

Support

The College has trained advisers in place to help you with a range of factors that might affect your time at College.

They can help you with your application, funding queries, careers advice, learning support and more!

[Find out more about student support at NESCol](#)

Learning Resources

The College has a number of excellent learning resources available to assist and support the delivery of our classes across full-time, part-time and distance learning courses. They aim to enhance the quality of your learning experience.

[Find out more about learning resources at NESCol](#)

Library+ and Digital Skills Space

Our Library+ sites at the Aberdeen City, Aberdeen Altens and Fraserburgh Campuses provide all students with access to books, journals, newspapers, core skills materials and more! You'll also find laptop friendly areas, private study/research booths and printers, scanners and photocopiers.

Our Digital Skills Space is a new modern and accessible facility where students can study and access key resources/support. It has replaced what was previously the IT Centre, and is located in the newly expanded Library+ at City Campus.

[Find out more about what our Library+ has to offer](#)

[Find out more about the Digital Skills Space](#)

College calendar

Have a look at our [College Calendar](#) for further information on key dates throughout the year.

Disclaimer: Please note that the information put forward in this course specification document is subject to change at any time, and without prior notice. We have taken every care to ensure that the information provided is as accurate and up-to-date as possible, but we are not liable for the content of or any omissions on this document. This includes any inaccuracies, errors or misstatements in the information/data presented.