

VRQ Level 3 Diploma in Body and Spa Therapy (SCQF Level 6)

Full-time

Where will I study?

Course code	Location	Duration
DFQBM	Aberdeen City Campus	1 Year

Welcome from Director of Curriculum

As the current Director of Curriculum, I would like to welcome you to the School of Service Industries at North East Scotland College. The School of Service Industries includes Child, Health & Social Care, Hair and Beauty, Hospitality, Sport, Animal Care, Social Sciences and Learning Opportunities.

This broad range of subjects has one common theme – they each offer interesting and exciting opportunities for students to progress and achieve success in their future. We are very fortunate in that our excellent teaching facilities allow each and every student to experience industry-focused, high quality learning. This means that on completion of your course, you are confident and capable when it comes to entering the workplace, or progressing towards further study. We pride ourselves in offering educational opportunities for all, whether you are starting at introductory level or joining one of our more advanced courses. On behalf of the entire teaching team, we are delighted to have you join – or consider joining – one of our courses.

Joan Thorne, Director of Curriculum for Service Industries

Introduction to the course

This course is based on the National Occupational Standards and is a preparation for work qualification, which will ensure you develop the knowledge and skills required to work in the Body & Spa Therapy industry. The course is suitable for those who have successfully complete the VRQ Level 2 Diploma in Beauty Therapy, and/or those who are already working in the industry but want to achieve a formal qualification.

Entry requirements

Applicants should have completed the VRQ Level 2 Diploma in Beauty Therapy or an equivalent award, and have a minimum of three National 5, Intermediate 2 or Standard Grade Credit level qualifications, or appropriate life/work experience. Good communication skills, a willingness to learn new practical skills and working with the general public are essential qualities for this course. Essential skills will be developed throughout the programme.

What subjects will I be studying?

The subjects covered will allow you to develop the knowledge and skills required for going on to secure employment in the Body & Spa Therapy industry. These include:

- Working with Colleagues in the Beauty Related Industries

- Monitoring and Maintaining Health and Safety Practices in the Salon
- Client Care and Communication
- Promoting and Selling Products and Services in a Salon
- Provide Body Massage
- Monitoring and Maintaining a Spa Area
- Providing Spa Treatments
- Providing Facial Electrotherapy Treatments
- Providing Massage using Pre-Blended Aromatherapy Oils
- Providing Stone Therapy Massage
- Providing Eyelash Treatments
- Maintaining Personal Health and Wellbeing
- Work Experience INT 2

Assessment methods

On this course you will be formatively assessed throughout the year. You will be required to complete a number of formative assessments for each of the practical units prior to sitting your final summative assessment. Your summative assessments for practical and theory units will be pre-arranged through discussion with teaching staff. Summative assessments will be online, written, oral and practical observations. They are graded pass, merit or distinction.

Dress code

You will be required to wear a designated uniform in all practical classes. Full details will be provided at pre-entry guidance sessions.

Equipment

You are required to purchase the designated kit, textbook and uniform.

Employment

Employment opportunities are available in spas, health clinics, beauty salons and hotels. You will also find there are opportunities in the creative industries, where you could pursue work in areas such as TV and theatre.

Useful information

Faculty:	Hair, Beauty and Sport
School:	School of Service Industries
Faculty Manager:	Lesley Ingram Email: l.ingram@nescol.ac.uk
Curriculum & Quality Manager(s):	Lindsey Hope Email: l.hope@nescol.ac.uk

Guidance and Support

Guidance

You will be assigned a Guidance Tutor when you are enrolled on the course. They will act as your primary contact should you have any issues, personal or involving your course, whilst at North East Scotland College. They will support you for the duration of your course along with relevant teaching staff. For assignments and assessments you will be provided with detailed feedback where possible, allowing you to pinpoint areas of good performance and areas that

may need improvement - essential for your educational development.

[View our Guidance Tutor contact information.](#)

Support

Our Student Services team are dedicated to helping all students with a range of factors that might affect your time at College. They can help you with funding queries, careers advice, learning support and more!

[Visit the Support section of our website for more information](#)

Learning Resources

The College has a number of excellent learning resources available to assist and support the delivery of our classes across full-time, part-time and distance learning courses. They aim to enhance the quality of your learning experience.

[Find out more about NESCol learning resources](#)

Library+

Our Library+ sites – at the Aberdeen City, Aberdeen Altens and Fraserburgh Campuses – provide all students with access to books, journals, newspapers, core skills materials and more! You'll also find laptop friendly areas, private study/research booths and printers, scanners and photocopiers.

[Find out more about what our Library+ services can offer](#)

College calendar

Have a look at our [College Calendar](#) for further information on key dates throughout the year.

Disclaimer: Please note that the information put forward in this course specification document is subject to change at any time, and without prior notice. We have taken every care to ensure that the information provided is as accurate and up-to-date as possible, but we are not liable for the content of or any omissions on this document. This includes any inaccuracies, errors or misstatements in the information/data presented.