

VRQ Level 3 Diploma in Body & Spa Therapy *(Broadly comparable to SCQF Level 6)*

Full-time

Where can I study?

Location	Duration	Course code
Aberdeen City Campus	1 Year	PMQBM

Introduction to the course

This course is based on the National Occupational Standards and is a preparation for work qualification, which will ensure you develop the knowledge and skills required to work in the Body & Spa Therapy industry. The course is suitable for those who have successfully complete the VRQ Level 2 Diploma in Beauty Therapy or equivalent, and/or those who are already working in the industry but want to achieve a formal qualification.

Entry requirements

Applicants should have completed the VRQ Level 2 Diploma in Beauty Therapy or an equivalent course, and have a minimum of three National 5, Intermediate 2 or Standard Grade Credit level qualifications, or appropriate life/work experience.

Good communication skills, a willingness to learn new practical skills and working with the general public are essential qualities for this course. Essential skills will be developed throughout the programme.

What subjects will I be studying?

The subjects covered will allow you to develop the knowledge and skills required for going on to secure employment in the Body & Spa Therapy industry. These include:

- Working with Colleagues in the Beauty Related Industries
- Monitoring and Maintaining Health and Safety Practices in the Salon
- Client Care and Communication
- Promoting and Selling Products and Services in a Salon
- Provide Body Massage
- Monitoring and Maintaining a Spa Area
- Providing Spa Treatments
- Providing Facial Electrotherapy Treatments
- Providing Massage using Pre-Blended Aromatherapy Oils
- Providing Stone Therapy Massage
- Maintaining Personal Health and Wellbeing
- Commercial Experience

Assessment methods

On this course you will be formatively assessed throughout the year. You will be required to complete a number of case-studies

for each of the practical units prior to sitting your final summative assessment. Your summative assessments for practical and theory units will be pre-arranged through discussion with teaching staff and will take the form of online, written or oral tests, and practical observations. They are graded pass, merit or distinction.

Dress code

You will be required to wear a designated uniform in all practical classes. Full details will be provided at pre-entry guidance sessions.

Equipment

You are required to purchase the designated kit, textbook and uniform.

Employment

Employment opportunities are available in spas, health clinics, beauty salons, cruise ships and hotels.

Useful contacts

Head of Faculty:

Lesley Ingram

Head of Faculty, Service Industries, Aberdeen City Campus
Email: l.ingram@nescol.ac.uk

Curriculum Manager:

Irene Young

Curriculum Manager, Aberdeen City Campus
Email: i.young@nescol.ac.uk

Academic Tutor

Once you come to College you will be allocated an academic tutor, who will be your initial point of contact. You will meet your tutor at least once a term during tutor hour — they are also the person to go to for the following:

- **Induction:** You will be invited to come in the week before your course starts for your induction. Your tutor will cover key aspects of life at the College to make sure you are well prepared for your NESCol experience.
- **Initial support:** Your tutor is the first point of contact for academic, personal and social support.
- **Attendance:** Your attendance and progress while you are at college, will be monitored by your tutor.
- **Additional support needs:** If you have indicated that you have additional learning or support needs, speak to your tutor who will refer you to the Student Advice and Support team for needs assessment as soon as practically possible.
- **Transitions:** your tutor will keep you informed of the many activities and events organised by the College to support you with career choices, employability, enterprise and articulation guidance and advice.

Student Advice Centre

The Student Advice Centre is your one stop shop for all information and support during your time at NESCol. Staff based within the centre provide impartial and confidential information and advice on a range of issues including:

- Applications and course advice
- Funding and money management
- Careers, employability and enterprise
- Transitions to college and university
- Key Skills and Study Skills support
- Additional Support for Learning
- Assistive technologies
- Mental health and wellbeing advice
- Care Experienced and Corporate Parenting

- Tier 4 and international admissions

Learning Resources

My NESCoI

My NESCoI is the College's student web portal that will provide you with on-demand access to all of the links, news and services that you will use once you have enrolled. It's accessible via any computer, and as an Android or Apple app. It's easy to use, and you can even receive important alerts on your device!

Blackboard

Blackboard is the Virtual Learning Environment system used in the College, where you can find a host of useful information and access your courses online. It will be the main platform that your lecturers will use to make resources available to you including interactive materials, videos, assessments and feedback.

IT HelpZone

The IT HelpZones are run by students, for students, and there are helpdesks located in main social areas at the Aberdeen and Fraserburgh Campuses, and a dedicated helpline at our Altens Campus. You can drop in, email or telephone for assistance.

Library+

Each Library offers thousands of resources for study, including books, journals, e-books, e-journals and magazines — all relevant to the courses on offer at the campus in which they are situated. They also offer quiet, silent, individual, and group study facilities.

Bring Your Own Device (BYOD)

NESCoI believes that your learning and teaching experience at College can be enhanced significantly by use of a mobile device, such as a tablet or a laptop. For this reason, many students are required to bring a device with them to College. This initiative is known as Bring Your Own Device (BYOD) and its aim is to provide learners with a more bespoke and student-centred learning experience.

Digital Skills Space

Located within each Library Plus facility you will find a dedicated Digital Skills Space, featuring Bring Your Own Device (BYOD) workspaces and dedicated desktop PC work areas. These spaces are also used to deliver core IT teaching, drop-in IT support and scheduled digital skills workshops. You can also use these spaces for flexible access to PCs during Library+ opening hours.

College Calendar

Have a look at our [College Calendar](#) for further information on key dates throughout the year.

Disclaimer: Please note that the information put forward in this course specification document is subject to change at any time, and without prior notice. We have taken every care to ensure that the information provided is as accurate and up-to-date as possible, but we are not liable for the content of or any omissions on this document. This includes any inaccuracies, errors or misstatements in the information/data presented.